

Are you concerned about your memory?

NeuroGrow's Brain Fitness Program can help.



Work with a nationally-recognized neurologist, Dr. Majid Fotuhi, to boost your memory, focus, and peak brain performance.

NeuroGrow's Brain Fitness Program



• **Neurological Assessment** by Dr. Fotuhi - to receive a thorough baseline neurological evaluation



• **Neuro-cognitive Testing** – to establish your brain's strengths and weaknesses



• **Brain-Mapping (Q-EEG)** – to establish a full picture of your brain's pattern of electrical activity



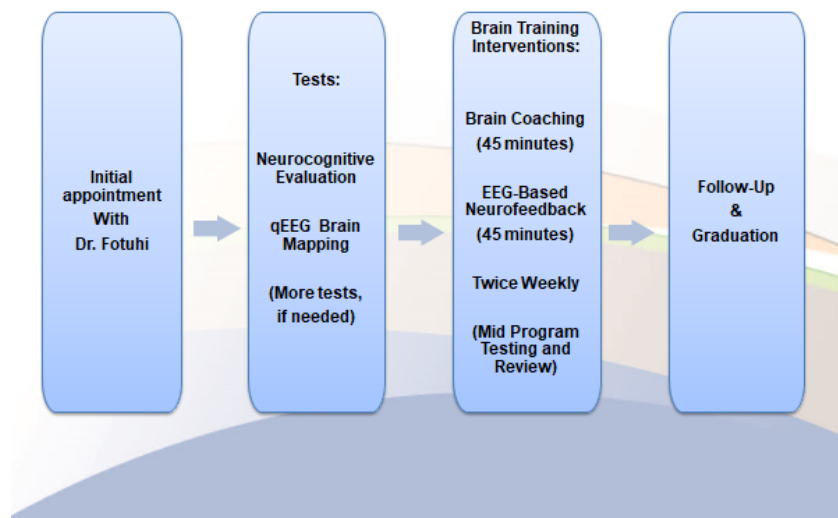
• **Brain Coaching** – We help you improve your memory, processing speed, attention, sleep, diet, exercise, and organizational skills.



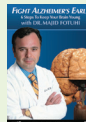
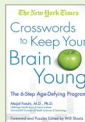
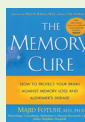
• **Neurofeedback** – We use state-of-the-art EEG-based biofeedback protocols to help you become calm and focused.

Dr. Fotuhi will personally ensure that each patient receives the highest quality of care from all members of our multidisciplinary team. We want you to be 100% satisfied with your progress.

Brain Fitness Program



Dr. M Fotuhi



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NeuroGrow
BRAIN FITNESS CENTER

BOOST YOUR BRAIN